

Grapes Into Wine

42nd Annual NORTHWEST SUFI CAMP Youth Guide

August 12 to 18, 2019 Cedar Ridge, Vernonia OR

INFORMATION for YOUTH CAMPER PARENTS & GUARDIANS

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MANDATORY YOUTH PROGRAM ORIENTATIONS

TEEN/PARENT/GUARDIAN PROGRAM MEETING: after Monday evening program in the main hall; bring completed Medical Authorizations, Temporary Guardian (if applicable), Consent Workshop and Staying Out forms.

CHILDREN & TWEENS PROGRAM MEETING: Before Tuesday morning class at 8:00am (over breakfast) there will be a parent/child-tween check-in for all families and guardians. We will gather at a table outside the dining hall. Please bring completed Medical Authorizations and Temporary Guardian (if applicable) forms.

Northwest Sufi Kids and Tweens 2019

2019 NWSC is almost here!!

Dear Families,

Welcome! and welcome back! to the kaleidoscope of beauty, joy, bug bites, swims and friends (old and new) at NWSC.

This year, the kaleidoscope has shifted to a whole new location, so lots of changes. Now we will have a river to explore, a swimming pool for swimming, and a giant slip and slide for a fast ride downhill into a meadow by the river. Bring 2 SWIMSUITS and towels, so one can be drying or at your cabin while the other is at kids' camp.

SUNSCREEN is even more important this year, for those activities are all in the open. Kids Camp itself will be across a bridge and in our own grove of trees, with deep shade. Lots of room to weave adventure with ropes and netting. Tent cabins with no electricity and plumbing, so WATER BOTTLES also extra useful. We may move to a space below the dining hall in the evenings, for activities requiring those amenities, but some evenings we'll be telling stories, acting out plays, or other choices in the trees. There is a stage in the woods near us, if kids decide to do a play this year, or just want to play around with performances for each other. FLASHLIGHTS helpful this year.

We have more staff and fewer karma yogi folks at the new location. Wyll will be back to help us invent our new "Monkey Temple." Be prepared though for differences. We won't have the mattresses and will be working with a new camp's management and safety guidelines. Might have more mazes and balance beams. I invite you kids to be spiders and weave webs in our space. Extra ropes, netting, and cloth appreciated, on loan. If we all bring a bit...

Bittin will surprise us with art to make. Karima is bringing the dye pots and other experiments. Vivian returns. Bob, the fearless leader of the Didgeri-Dudes, and Jamia return. Fatima from Ecuador and Karim from Arcata bring their own skills and personalities. If kids attending have a project, craft or experiment to share, send Karima an email by August 2nd.

Parents, permission FORMS as a first task at camp, BEFORE your kids come to kids' camp. Will have forms at the MANDATORY BREAKFAST MEETING the first day (yes, THIS YEAR plan to sit together). Please list on the back any predictable places or ways to find you, some of which you won't know till you arrive (lodging, classes).

Grandparents/others, temporary guardian forms need to be filled out and signed by parents before you arrive.

THE LIST: KIDS/TWEENS CHECKLIST Please label everything!

___ Comfy clothing for cool mornings, hot afternoons and chilly evenings

___ At least two pairs of comfy shoes, warm socks, jacket, cap, sunhat

___ Swimsuits and towels, 2 best

___ Remember SUNBLOCK and non-aerosol insect repellent

___ Safety vest or flotation device for challenged swimmers

___ Flashlight and extra batteries

___ Optional: blanket or cuddle toy, daypack for hikes, musical instruments, field game gear

___ Any guardian forms needed

Karima Alison

Northwest Sufi Community Youth 2019

Dear Northwest Sufi Camp Teens & Parents/Guardians,

Welcome all! We are looking forward to another year of Northwest Sufi Camp, in our new location at Cedar Ridge, especially down at the Teen Camp! If you are new to camp or to the Teen Program, we want to thank you for being curious and interested in adding the unique energy you bring to our sweet community. To those who are returning, here we go again! We look forward to seeing you all! We are ever grateful for the quality of community that you have helped create by showing up and just being yourselves.

The Teen Program is open to all camp participants aged 13-19 years. Our designated teen center is an ideal place for us to create a container of safety where we can learn about ourselves and others, and connect through an experiential program that we will co-create! Co-directing this year, we have: **Zia Laboff** and **Evan Bushnell**, who will be working with one other full-time team member, and five additional part-time members to help make the program fun, engaging, and respectful of each teen.

The teens are offered activities throughout the day, which may include: meditation, yoga, small group circles, nature excursions, and creative arts, with room for activities to be suggested and chosen by the teens. Teacher's Tea (1:45pm-2:45pm daily) has become one of the highlights of the program, as it is an opportunity for us to host our brilliant, hilarious, and deeply kind main camp teachers in our own atmosphere at the teen center. Of course there will be provided: various crafts, games, snacks, hiking and swimming opportunities, late-night zikrs, and plenty of time to simply hang together and build friendships. Feel free to bring your drums, guitars, board/card games and any other favorite activities!

PLEASE NOTE:

1. The teen center is not a sleeping area. Teen center hours are 9:00am-1:00am. While teen activities may run late, **teens are not allowed to sleep in the teen center**, and parents/guardians are responsible for their teens

during all hours the Teen Cabin is not open. Therefore, **parents/guardians - please make arrangements during registration for tenting or cabin accommodations for your entire family.**

2. **All able-bodied campers aged 15-69 need to sign up for karma yoga**, a one-time activity that assists with the camp and helps keep costs down. **Signing up online and early is the best way to get your first choice of job**; otherwise, a more limited choice will be available when you arrive at camp and register. Jobs range from helping the earth plane crew to assisting kids' camp during evening program to sweeping and wiping down tables in the dining hall after meals. Make sure you choose a time slot that fits into your own daily rhythm – you're only asked show up once during the week, but it's important to the camp that you do!

3. There is a **mandatory orientation meeting on Monday evening**, immediately following the all-camp meeting. All teens and their parents/guardians should stay in the main tent and we'll spend about 15 more minutes introducing the staff, sharing important announcements, and collecting signed forms. The Teen Program is contained within the entire camp and has special considerations that need to be communicated to both the teens and the parents/guardians. **Teens will not be admitted to the Program until staff has met in person with their parent/guardian and the appropriate parent/guardian forms have been turned in.**

4. If you have any food allergies, please let us know. You might also consider bringing your own snacks, if needed.

Feel free to reach out with any questions you may have!

Excitement, Elation and Blessings!

In Gratitude,

Evan Bushnell

(541)-306-9167

Zia Laboff

(206)-659-3699



NORTHWEST SUFI CAMP
Parent Consent
AUTHORIZATION
for MEDICAL TREATMENT

CHILD/TEEN NAME: _____

The undersigned _____

Who resides at _____ in the

State of _____

Authorizes Northwest Sufi Camp staff into whose care the minor has been entrusted to consent to any X-ray examination, anesthetic, medical or surgical diagnosis or treatment and hospital care to be rendered to the minor under the general or special supervision and on the advice of a licensed physician and surgeon, and to consent to an X-ray examination, anesthetic dental or surgical diagnosis or treatment and hospital care, to be rendered to the minor by a licensed dentist.

PARENT OR GUARDIAN
SIGNATURE _____

DATE _____



NORTHWEST SUFI CAMP

**REQUIRED FORM for MINORS (YOUNGER THAN 18)
WHO ATTEND WITHOUT THEIR PARENT/LEGAL GUARDIAN**

TEMPORARY RELEASE to GUARDIAN

Name(s) _____

I will not be attending the Northwest Sufi Camp held at Camp Adams, Molalla, OR during **Aug 12 – 18, 2019**, but I wish my minor child (ren)

to attend. I understand that I must designate a temporary guardian for my child (ren) to be allowed to attend. This temporary guardian:

GUARDIAN'S NAME: _____ has my complete trust and authority to perform in "loco parentis," that is, as parent in my absence, and is authorized to act as such in any necessary capacity.

----- PLEASE PRINT -----

PARENT'S NAME _____

ADDRESS _____

PHONE # _____

SIGNATURE _____ DATE _____



NORTHWEST SUFI CAMP

REQUIRED FORM for TEENS TO PARTICIPATE IN CONSENT WORKSHOP

AUTHORIZATION TO PARTICIPATE IN CONSENT WORKSHOP

As parent/guardian, I **do** ___ **do not** ___ give

Teen Name(s) _____

Permission to participate in a Consent Workshop at Northwest Sufi Camp 2019.

----- PLEASE PRINT -----

PARENT'S NAME _____

ADDRESS _____

PHONE # _____

PARENT OR GUARDIAN

SIGNATURE _____ DATE _____

Dear Parents/Guardians,

Due to some miscommunications in the past we feel it is necessary to create this form, which serves as a permission slip for your teen to sleep in the meadow with their friends, if they choose. It is a common thing to experience authentic friendship within this camp, and part of that is spending late nights together talking and sharing in friendship. However, in the past we have experienced teens being dishonest with staff members, saying that their guardian had approved them being out late and staying out overnight, when actually it was NOT okay with them. Our cabin closes at 1am every night, and you are responsible for your teen after that time. This form serves as an extra safeguard of this agreement and a way we can know for sure who has roaming privileges. Talk it over with your teen, and make sure you both are in agreement before filling this out.

Thank You,
Evan Muid Bushnell
Teen Camp Director



NORTHWEST SUFI CAMP

**REQUIRED FORM for TEENS TO STAY OUT UNSUPERVISED AFTER TEEN
CENTER HOURS**

AUTHORIZATION TO STAY OUT AFTER HOURS

As parent/guardian, I **do** ___ **do not** ___ give

Teen Name(s) _____

permission to stay out unsupervised after teen center closes for the night at Northwest
Sufi Camp 2019.

----- PLEASE PRINT -----

PARENT'S NAME _____

ADDRESS _____

PHONE # _____

PARENT OR GUARDIAN

SIGNATURE _____ DATE _____