

Only Being – Conduits of Light

41st Annual NORTHWEST SUFI CAMP Youth Guide

August 12 to 19, 2018 Camp Adams, Molalla OR

INFORMATION for YOUTH CAMPER PARENTS & GUARDIANS

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MANDATORY YOUTH PROGRAM ORIENTATIONS

TEEN/PARENT/GUARDIAN PROGRAM MEETING: after **Sunday evening program** in the main hall; bring completed Medical Authorizations and Temporary Guardian (if applicable) forms.

CHILDREN & TWEENS PROGRAM MEETING: **Before Monday morning class at 8:20am** there will be a parent/child-tween check-in for all families and guardians. We will gather outside the dining hall. Please bring completed Medical Authorizations and Temporary Guardian (if applicable) forms.

Northwest Sufi Kids and Tweens 2018

Dear Parents and Guardians,

Welcome! We are so glad you will be with us at camp this year. Our staff this year is all experienced, and ranges from former kids now grown, to parent, grandparent, dervish, and experienced teacher energies. Bittin and Karima Alison will lead activities for Tweens (10-12) and Kids (3 or 4 to 9).

For 3 year olds, we ask that you devote at least part of the first morning class to seeing how comfortable your child is (and of course, older siblings make them more at home!). Tinies and toddlers (0-2) should join us according to their own needs, along with an adult or teen able to assist them one on one, with naps, diapers, and sudden desires for a parent! Sometimes they will love our activities and sometimes... nope. Please contact Karima (aloren.k@gmail.com) with any questions, or special needs. We look forward to creating a safe and wonderful experience together with your children.

DAILY RHYTHM

Morning - We meet with the whole camp in the main hall for the first morning dance. As the dance ends, a magical tunnel forms as a passageway towards Hope Cabin. Our 6 day week is loosely organized to begin with beginnings, move through Earth, Water, Fire, Air and finalizing activities, nurturing inner beings as well as appealing to a child's imagination and movement energy. At lunchtime, we bring the children to the dining hall, to meet you. Be prepared for requests to eat with their friends as the week goes on :).

Afternoon – To the swimming hole! We meet at Hope cabin and walk through the woods together. Afterwards, we have activities in the camping field until dinner when we meet again at the dining hall.

Evening - Quiet activities in the Hope Cabin will conclude at 9:00 p.m., when the children will be brought into the Main Hall.

Children and tweens are welcome and encouraged to join in the adults' evening program. For daytime classes, please ask the teacher of the class.

FOOD

We provide morning and afternoon snacks. The kitchen prepares special food for the kids and tweens. Please email Karima (aloren.k@gmail.com) about food allergies or special diets.

KIDS/TWEENS CHECKLIST Please label everything!

- ___ Comfy clothing for cool mornings, hot afternoons and chilly evenings
- ___ At least two pairs of comfy shoes, warm socks, jacket, cap, sunhat
- ___ Swimsuit and safety vest or flotation device for challenged swimmers
- ___ **Please note:** Children under 8 must wear a life vest in the deep water
- ___ Remember SUNBLOCK and non-aerosol insect repellent
- ___ Two towels, so one may always be dry
- ___ Flashlight and extra batteries
- ___ Optional: blanket, stuffies, daypack for hikes, musical instruments, field game gear
- ___ Any toys or games that your child is willing to share

We appreciate you and your beautiful, precious children. We will be glad to see you at the Monday morning meeting when we can give you more detailed information and you can give us the mandatory filled out forms.

Bless us All, Bittin and Karima

Northwest Sufi Community Youth 2018

Dear Northwest Sufi Camp Teens & Parents/Guardians,

Welcome all! We are looking forward to another year of Northwest Sufi Camp at Camp Adams, especially down at the Teen Camp! If you are new to camp or to the Teen Program, we want to thank you for being curious and interested in adding the unique energy you bring to our sweet community. To those who are returning, here we go again! We look forward to seeing you all! We are ever grateful for the quality of community that you have helped create by showing up and just being yourselves.

The Teen Program is open to all camp participants aged 13-19 years. Our designated teen space, Waverly Cabin, is an ideal place for us to create a container of safety where we can learn about ourselves and others and connect through an experiential program that we will co-create! Co-directing this year, we have: **Miri Waldman** and **Evan Bushnell**, who will be working with one other full-time team member, and five additional part-time members to help make the program fun, engaging, and respectful of each teen.

The teens are offered activities throughout the day, which may include: meditation, yoga, small group circles, nature excursions, creative arts, with room for activities to be suggested and chosen by the teens. Teacher's Tea (1:45pm-2:45pm daily) has become one of the highlights of the program as it is an opportunity for us to host our brilliant, hilarious, and deeply kind main camp teachers in our own atmosphere at the teen cabin. Of course there will be provided: various crafts, games, snacks, hiking and swimming opportunities, late-night zikrs, and plenty of time to simply hang together and build friendships. Feel free to bring your drums, guitars, board/card games and any other favorite activities!

PLEASE NOTE:

1. The teen cabin is not a sleeping cabin. Teen cabin hours are 9:00am-1:00am. While teen activities may run late, teens are not allowed to sleep in the cabin, and parents/guardians are responsible for their teens during all hours the Teen Cabin is not open. Therefore, **parents/guardians - please**

make arrangements during registration for tenting or cabin accommodations for your entire family.

2. Everyone, **including teens, needs to sign up for karma yoga**, a daily activity that assists with the camp and helps keep costs down. **Signing up online and early is the best way to get your first choice of job**; otherwise, a more limited choice will be available when you arrive at camp and register. In the past, teens have provided great support to the kids/tweens camp and helped with lunch or dinner set-up. Also, think practically; if you are a late riser, maybe head breakfast chef isn't the best choice!

3. There is a mandatory **orientation meeting on Sunday evening**, immediately following the all-camp meeting. All teens and their parents/guardians should stay in the main hall and we'll spend about 15 more minutes introducing the staff and sharing important announcements. The Teen Program is contained within the entire camp and has special considerations that need to be communicated to both the teens and the parents/guardians.

4. If you have any food allergies, please let us know. You might also consider bringing your own snacks.

Excitement, Elation and Blessings!

In Gratitude,

Evan Bushnell
(541)-306-9167

Miriell Waldman
(406)-600-1133



NORTHWEST SUFI CAMP
Parent Consent
AUTHORIZATION
for MEDICAL TREATMENT

CHILD/TEEN NAME: _____

The undersigned _____

Who Resides at _____ in the

State of _____

Authorizes Northwest Sufi Camp staff into whose care the minor has been entrusted to consent to any X-ray examination, anesthetic, medical or surgical diagnosis or treatment and hospital care to be rendered to the minor under the general or special supervision and on the advice of a licensed physician and surgeon, and to consent to an X-ray examination, anesthetic dental or surgical diagnosis or treatment and hospital care, to be rendered to the minor by a licensed dentist.

PARENT OR GUARDIAN
SIGNATURE _____

DATE _____



NORTHWEST SUFI CAMP

**REQUIRED FORM for MINORS (YOUNGER THAN 18)
WHO ATTEND WITHOUT THEIR PARENT/LEGAL GUARDIAN**

TEMPORARY RELEASE to GUARDIAN

Name(s) _____

I will not be attending the Northwest Sufi Camp held at Camp Adams, Molalla, OR during **Aug 12 – 19, 2018**, but I wish my minor child (ren)

to attend. I understand that I must designate a temporary guardian for my child (ren) to be allowed to attend. This temporary guardian:

GUARDIAN'S NAME: _____ has my complete trust and authority to perform in "loco parentis," that is, as parent in my absence, and is authorized to act as such in any necessary capacity.

----- PLEASE PRINT -----

PARENT'S NAME _____

ADDRESS _____

PHONE # _____

SIGNATURE _____ DATE _____



NORTHWEST SUFI CAMP

REQUIRED FORM for TEENS TO PARTICIPATE IN CONSENT WORKSHOP

AUTHORIZATION TO PARTICIPATE IN CONSENT WORKSHOP

As parent/guardian, I give

Teen Name(s) _____

Permission to participate in the Consent Workshop led by Nate Matthews at Northwest Sufi Camp 2018.

----- PLEASE PRINT -----

PARENT'S NAME _____

ADDRESS _____

PHONE # _____

PARENT OR GUARDIAN

SIGNATURE _____ DATE _____